

REACH OUT AND TOUCH PRISON MINISTRY

BIBLE STUDY - SERIES 2 - LESSON #4

Name: _____ ID.# _____ Date _____

LESSONS FROM THE LIFE OF JESUS: A MAN OF PEACE

DEFINITION: Peace: Freedom from troubling or oppressive thoughts or emotions; calm, ease of heart; a sense of wholeness and well-being; free from anxiety and at peace within your heart and soul.

- 1) The Bible teaches us in **Romans 5:1** the first step to having the peace of God in our lives is through? _____
- 2) **Read Isaiah 9:6.** Which of the 5 names describe Jesus as a Man of Peace:

- 3) When Jesus was born, what did the Angels in Heaven sing? (**Luke 2:1-14**)

a) What did Jesus come to earth to restore between God and man? _____
- 4) In **John Chapter 14:1-27**, what promise did Jesus leave for us regarding peace?
(**verse 27**) _____

- 5) **Name the kinds of Peace** that is promised in the following Scriptures:
 - 1) **Psalm 119:165** _____
a) Who is this peace promised to and where can it be found? _____

 - 2) **Philippians 4:4,7** _____
a) What must we do to receive this kind of peace? _____

 - 3) **Isaiah 26:3, 4** _____
a) What must we do to keep this kind of peace? _____

 - 4) Sin separates us from God and therefore keeps us from having peace. What does **Isaiah 57:21** teach us? _____

6) List below any situation or person that is preventing you from having Peace:

1) _____ 2) _____

3) _____

a) Believe and Pray right now for the peace that Jesus has promised that you can have.

7) The following Scriptures also teach us what we must do in order to have and keep peace in our lives: What must we do?

a) **Colossians 3:5** _____

b) **Psalm 34:14** _____

c) **1 Peter 3:8-12** _____

d) **Romans 12:9-12 (verse 8)** _____

8) Read **Jeremiah 29:7**. What was God telling His people who were in captivity (imprisonment, confinement) to do and what would they receive as a result?

9) In **Jeremiah 29:11-14**, what are God's thoughts concerning you? _____

10) Jesus Christ came that we might have peace with God and have peace within our hearts. He also wants us to do our part in bringing peace to others. What lesson did He teach in the Beatitudes concerning peace? **Matthew 5:9**?

Are there any questions or struggles that you have that you would like to share with us to pray for you? Whatever is shared with us will be kept in strict confidence.

**COMPLETE ALL QUESTIONS AND RETURN IN THE ENVELOPE ATTACHED OR MAIL TO:
REACH OUT AND TOUCH PRISON MINISTRY, P.O. BOX 120249, ST. ALBANS, NY 11412**

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BIBLE STUDY - SERIES 2 - LESSON #4

LESSONS FROM THE LIFE OF JESUS: A MAN OF PEACE

Peace is a condition of freedom from disturbance inwardly, within the soul. The Hebrew word is shalom meaning primarily, "soundness," "health," "well-being" Inward peace was the portion of the righteous who trusted in God (Job 22:21, "Acquaint now thyself with him, and be at peace (shalam)"; Psalms 4:8; 85:8, "He will speak peace unto his people, and to his saints"; 119:165; Proverbs 3:2,17; Isaiah 26:3, "Thou wilt keep him in perfect peace whose mind is stayed on thee; because he trusteth in thee"; 4) Peace was to be sought and followed by the righteous (Psalms 34:14, "Seek peace, and pursue it"; Zechariah 8:16,19, "Love truth and peace").

The gospel of Christ is a message of peace from God to men (Luke 2:14; Acts 10:36, "preaching ... peace by Jesus Christ"). It is "peace with God through our Lord Jesus Christ," in Romans 5:1;

It is to be cherished and followed by Christians. Jesus exhorted His disciples, "Have salt in yourselves, and be at peace one with another" (Mark 9:50); Paul exhorts, "Live in peace: and the God of love and peace shall be with you" (2 Corinthians 13:11; compare Romans 12:18; 1 Corinthians 7:15).

God is therefore "the God of peace," the Author and Giver of all good ("peace" including every blessing) "the Lord of peace"). "Peace from God our Father and the Lord Jesus Christ" is a common apostolic wish or salutation (compare 1 Corinthians 1:3; 2 Corinthians 1:2, etc.).

- "*Jehovah-Shalom*" — the Lord is Peace. Gideon was fearful of imminent death. But the Lord's immediate and encouraging reply was, "**Peace!** ... *You are **not** going to die.*"
- In the place of fear, even fear of death, Gideon experienced the **peace of God**, a peace that proceeded from God's very Person.
- If **you** are at a point in your life where **fear** is gripping you, be still for a moment and hear God's assurance to you: "*Peace! Do not be afraid,*" says Jehovah-Shalom.

Psalm 4:8 *I will lie down and **sleep in peace**, for you alone, O LORD, make me dwell in safety.*

- the restless sleep or even lack of sleep comes from inner mental or emotional turmoil. That condition can be wonderfully overcome by embracing the peace of God.
- Notice the underlying **cause** of the Psalmist's ability to sleep in peace: he **trusted** entirely in the **Lord's** protection — "*...for you alone, O Lord, make me dwell in safety.*"

• As you prepare for sleep, I encourage you each night to pray that portion this Scripture.” Then, confident in the Lord’s presence and protection, you can *“lie down and sleep in peace”*.

•• Fill your heart with **God’s word**, the Bible, and you will automatically be filling your heart with **God’s peace**.

•• the words of Scripture replace anxiety, worry, and fear with the tranquility that comes with the peace of God. The words of God in the Bible are an ever-present source of peace for your mind and heart.

Proverbs 14:30 A **heart at peace** gives **life to the body**.

•• The Bible tells us in no uncertain terms that a **heart at peace** has a profound effect on the **physical health** and well-being of the body — it *“gives life to the body”*.

•• Pray to God, [read His word regularly](#), worship Him both in church and in your private times, and you will surely find that the **peace** of God that fills your heart will have a **beneficial** impact upon your **physical** well-being.

*Thou wilt keep him in **perfect peace**, whose **mind is stayed on thee**: because he **trusteth in thee**.*
Isaiah 26:3

•• **Perfect** peace! What a desirable state of mind that would be. And in this verse God provides two avenues to that *“perfect peace”*:

1. Fix, or *“stay”*, your **mind on Him**. Make Him regularly the focus of your thoughts.

2. **Trust** in Him. *“It’s always **safe to trust the Lord**.”*

• And from these two things — (1) a mind focused on God and (2) an abiding trust in Him — you can come to a state of *“perfect peace”* in your heart.

John 14:27 *Peace I leave with you; **my peace** I give you. I do not give to you as the world gives. Do **not let your hearts be troubled** and do **not be afraid**.*

•• Jesus’ words remind us that it is not man-created peace, but rather [the peace of God](#), that calms our troubled hearts.

• Jesus reminded them that it was **His** peace — peace **from Him** — that would allow them to face life’s troubles without fear and trepidation. His peace is abiding, powerful, life-changing, lasting. The **world’s** so-called “peace” is often just a **transient** feeling that results from man’s faulty methods and philosophies, none of which have brought lasting peace to this earth.

John 16:33 *I have told you these things, so that **in me** you may have **peace**. In this world you will have trouble. But take heart! **I have overcome** the world.*

•• We have a **choice** to make. We can hold onto our anxieties, fears, and stresses. Or we can **let Christ’s** peace *“rule in [our] hearts”*.. In this world we **will** have **trouble**. 2. But in the midst of that predictable trouble, we may find **peace in Him!** 3. And He gives us the assurance that the troubles will not triumph over us, since Jesus Himself has **overcome** the world. Therefore, we may *“take heart”* and rest in His peace in the very midst of troubles and trials.

KEEP THIS STUDY SHEET. RETURN ONLY THE LESSON SHEET