

# REACH OUT AND TOUCH PRISON MINISTRY

## BIBLE STUDY - LESSON #8

Name: \_\_\_\_\_ I.D.# \_\_\_\_\_ Date \_\_\_\_\_

### THE IMPORTANCE OF TRUE HUMILITY

**MEMORY VERSE:** "Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time" (1Peter 5:6)

- 1) Jesus Christ is our perfect example of a Person of True Humility. Read **Philippians 2:5-11**. Explain briefly what Jesus did and what God did for Him.

---

---

---

a) What lesson(s) can you learn from this?

---

---

- 2) True Humility does not mean that you are weak or fearful. Read **Matthew 11:29**. How does Jesus describe his character? \_\_\_\_\_

---

---

a) Read **Matthew 11:15-16**. What did Jesus do when he saw people doing wrong?

---

---

- 3) Jesus demonstrated True Humility in **John 13:1-17**. What did He do and what can you learn from His example? \_\_\_\_\_

---

---

- 4) True Humility means that you can handle unfair treatment peacefully without seeking revenge. Explain **Ephesians 4:31-32**. \_\_\_\_\_

---

---

- 5) True Humility is demonstrated in how you speak to people. What does **Proverbs 15:1** teach us? \_\_\_\_\_

---

- 6) **Proverbs 6:16** tells us there are 7 things the Lord hates. 1) \_\_\_\_\_  
(2) \_\_\_\_\_ (5) \_\_\_\_\_  
(3) \_\_\_\_\_ (6) \_\_\_\_\_  
(4) \_\_\_\_\_ (7) \_\_\_\_\_

7) Read **Proverbs 16:18, Proverbs 18:12, Proverbs 29:23 and Luke 18:11.**  
What happens to a person who is full of pride?: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

8) We should not ask God to Humble us. What does **James 4:10** and **1 Peter 5:6** tell us we should do? \_\_\_\_\_  
\_\_\_\_\_

9) **1 Corinthians 13:4-8** is a remedy for pride. What does verse 4 state?: \_\_\_\_\_  
\_\_\_\_\_

10) What does God tell us to do in **2 Chronicles 7:14** and what will He do for us?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

11) List the persons who demonstrated True Humility in the Scriptures below:

Luke 15:11-22 \_\_\_\_\_ Matthews 8:5-8 \_\_\_\_\_

1 Kings 21:25-29 \_\_\_\_\_ Genesis 32:3-12 \_\_\_\_\_

Are there any questions or struggles that you have that you would like to share with us to pray for you? Whatever is shared with us will be kept in strict confidence.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**COMPLETE ALL QUESTIONS AND RETURN IN THE ENVELOPE ATTACHED OR MAIL TO:**  
**REACH OUT AND TOUCH PRISON MINISTRY, P.O. BOX 120249, ST. ALBANS, NY 11412**

# REACH OUT AND TOUCH PRISON MINISTRY

## BIBLE STUDY - LESSON #8

### THE IMPORTANCE OF TRUE HUMILITY

Humility is defined as, "A quality by which a person considering his own defects has a humble opinion of himself and willingly submits himself to God and to others for God's sake.

The Bible teaches that: "God opposes the proud but gives grace to the humble" (Proverbs 3:34, 1 Peter 5:5, James 4:6 NIV).

"True humility" is distinctly different from "false humility," False humility consists of deprecating one's own "righteousness", gifts, talents, and accomplishments for the sake of receiving praise or adulation from others. True humility comprises the following behaviors and attitudes:

1. Submitting to God and legitimate authority
2. Recognizing virtues and talents that others possess, particularly those that surpass one's own, and giving due honor and, when required, obedience
3. Recognizing the limits of one's talents, ability, or authority; and, not reaching for what is beyond one's grasp

As illustrated in the person of Moses, who led the nation of Israel out of slavery in Egypt and to the "Promised Land", **humility is a sign of Godly strength and purpose, not weakness**. Of this great leader, the Bible states, "For Moses was a man exceeding meek above all men that dwelt upon earth" (Numbers 12:3).

The benefits of humility described in the Bible are riches, honor, eternal life, (Prov. 22:4) wisdom (Proverbs 11:2) unity, rewards in heaven and others. In the Bible, an exhortation to humility is found in Philippians 2:1-17.

Pride is an excessively high opinion of oneself. Conceit is too high an opinion of one's abilities, worth, or personality; vanity. An arrogant person is overly convinced of one's own importance; overbearingly proud; haughty.

How do we conquer pride? The solution: The believer does not conquer pride. The Holy Spirit, who uses Bible doctrine, conquers pride through His work inside the believer (Gal 5.16; Phil 2.13; 2 Tim 3.16-17; Heb 4.12). Spiritual growth through the filling of the Holy Spirit and the learning of Bible doctrine enables the believer to have a strong day to day relationship with the Lord . One expression of this spiritual growth is that humility replaces pride (Prov 8.13; 15.33; 22.4; Ps 131; Ephesians 4.1-2; Phil 2.2-6; Heb 12.1-2; James 4.6-7 )

## HUMILITY and PRIDE

<p><b>Warnings Against Pride</b></p> <ul style="list-style-type: none"> <li>▪ <u>Psalms 10:2</u></li> <li>▪ <u>Psalms 73:6</u></li> <li>▪ <u>Psalms 119:21</u></li> <li>▪ <u>Proverbs 6:17</u></li> <li>▪ <u>Proverbs 11:2</u></li> <li>▪ <u>Proverbs 13:10</u></li> <li>▪ <u>Proverbs 16:18</u></li> <li>▪ <u>Proverbs 21:4</u></li> <li>▪ <u>Proverbs 28:25</u></li> <li>▪ <u>Hosea 7:10</u></li> <li>▪ <u>Habakkuk 2:4</u></li> <li>▪ <u>1 John 2:16</u></li> </ul> <p><b>The Proud</b></p> <ul style="list-style-type: none"> <li>▪ Psalm 119:78</li> <li>▪ <u>Psalms 119:85</u></li> <li>▪ <u>Psalms 123:4</u></li> <li>▪ <u>Psalms 138:6</u></li> <li>▪ <u>Malachi 3:15</u></li> <li>▪ <u>Malachi 4:1</u></li> <li>▪ <u>1 Timothy 6:4</u></li> <li>▪ <u>James 4:6</u></li> </ul> <p>Arrogant – Proud. (Prov. 8: 13)</p> <p>Conceited – Holding a high opinion of oneself (Prov. 3: 7)</p>	<p><b>Promises to the Humble</b></p> <ul style="list-style-type: none"> <li>▪ <u>Proverbs 16:19</u></li> <li>▪ <u>Proverbs 22:4</u></li> <li>▪ <u>Proverbs 29:23</u></li> <li>▪ <u>Isaiah 57:15</u></li> <li>▪ <u>Matthew 18:4</u></li> <li>▪ <u>Luke 18:14</u></li> </ul> <p><b>Command to Be Humble</b></p> <ul style="list-style-type: none"> <li>▪ <u>Micah 6:8</u></li> <li>▪ <u>Luke 14:10</u></li> <li>▪ <u>Luke 22:26</u></li> <li>▪ <u>Romans 11:20</u></li> <li>▪ <u>Romans 12:3</u></li> <li>▪ <u>Philippians 2:5</u></li> <li>▪ <u>James 4:10</u></li> <li>▪ <u>1 Peter 5:5</u></li> </ul>	<p><b>Christ's Humility</b></p> <ul style="list-style-type: none"> <li>▪ <u>Zechariah 9:9</u></li> <li>▪ <u>Matthew 11:29</u></li> <li>▪ <u>John 13:5</u></li> <li>▪ <u>2 Corinthians 8:9</u></li> <li>▪ <u>Philippians 2:8</u></li> </ul> <p><b>He was Free from all Worldly Pride</b></p> <p><u>Of Appearance</u> He hath no form nor comeliness - Isaiah 53:2</p> <p><u>Of Worldly success</u> He is despised and rejected of men - Is. 53:3</p> <p><u>Of Reputation</u> He shall be called a Nazarene - Matt. 2:23</p> <p><u>Of Riches</u> He hath not where to lay his head - Matt. 8:20</p> <p><u>Of Rank</u> Is not this the carpenter's son? - Matt. 13:55</p> <p><u>Of Kingship</u> He washed the disciples' feet <u>John 13:5</u></p>
---	--	---

**KEEP THE STUDY SHEET AND RETURN ONLY THE LESSON SHEET**